



# 8<sup>th</sup> Swiss Emergency Medicine Grand Rounds

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Thursday, January 15<sup>th</sup> 2026 18:00  
[online]

## Program

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- 18:00**    **Welcome / Introduction**  
Dr. Valerie Romann
- 18:05**    **Shift Work and Nutrition**  
Dr. Melody Blessing Ng
- 18:30**    **The Bidirectional Impact of Shift Work on Sleep and Wakefulness**  
Dr. David Schreier
- 18:55**    **Discussion**  
Dr. Stefan Müller / Dr. Valerie Romann
- 19:00**    **End**

## Registration / Login

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<https://us06web.zoom.us/j/84897715267?pwd=lYeCdpxzJCfQPrAeTTcP1dYptIjLa2.1>





## Affiliations

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### **Melody Blessing Ng, MDCM, MBA, MSc**

Emergency Physician, North York General Hospital  
Lecturer, University of Toronto

### **David Schreier, MD, PhD**

Department of Anesthesia, Critical Care and Pain Medicine,  
Massachusetts General Hospital and Department of Anaesthesia,  
Harvard Medical School, Boston, MA, USA

### **Dr. med. Stefan Matthias Müller**

Chefarzt, Schutz & Rettung, Zürich  
FA Präklinische Notfallmedizin / Notarzt  
Facharzt Anästhesiologie  
Leitender Arzt, Institut für Anästhesiologie, Stadtspital Zürich  
Mitglied Vorstand SGNOR

### **Dr. med. Valerie Romann**

ISP Klinische Notfallmedizin  
Fachärztin Allgemeine Innere Medizin  
Assistenzärztin Anästhesiologie  
Bürgerspital Solothurn

## Credits

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SGNOR: 1 Credit

SSAPM: 1 Credit